

CREATE INTO PURPOSE & CALLING

Questions

*for your daydreams,
your pen & paper,
your community.*

We—Jen Loudon, Tara Sophia Mohr, and Jeffrey Davis—gathered for a call on callings to talk on purpose. Before the conversation, we shared a lot of our questions about this rich topic.

We're sharing these questions with you as a way to inspire your own journey. Write about them! Talk about them! Bring them to your writers group or women's group or men's group as jumping off points for discussion.

Share them with anyone you know who's having difficulty hearing and responding to what calls them to play big, to teach now, or to create and captivate.

Jen:

- Why are we so in love with the idea of callings? Is it built into our DNA?
- What happens when we don't follow our calling?
- What have been your various stories about callings and life purpose in your lifetime? How have they or have they not evolved?
- What role do your gifts play in your calling?

Tara:

- If "callings" are a real thing, what does that suggest about the nature of who and what we are?
- What part of us feels a call?
- How do we create a society that is organized in such a way that the maximum number of beings can follow their callings?

- How do we raise children to "live in the real world" and also go for their callings?
- What do we gain by orienting ourselves not around individual callings but around a universal human calling to bring love and light into the world?

Jeffrey:

- What's the most poignant fear the people you work with have about "having a purpose" or "having a calling"?
- Can a creative person have a meaningful life without it being purpose-driven?
- I've been curious lately about how people create into their purpose—that by doing creative work they love, the work itself helps them discover their purpose. How does your creative work let your purpose unfold and reflect back to you what your calling is?



Jen Louden is a personal growth pioneer who helped start the conversation about self-care with her first book *The Woman's Comfort Book*. The author of five more books, a coach, and retreat creator, she inspires women to rise to their calling through savoring & serving life. Click [here](#) for Jen's Self-Trust Digital Kit.



Tara Mohr is an expert on women's leadership and wellbeing whose writing, courses, and retreats help women play big in their work and in the world. [Click here](#) to get Tara's 10 Rules for Brilliant Women.



Jeffrey Davis is an expert on the science of creativity and the art of living with wonder whose book *The Journey from the Center to the Page* helped launch a movement in embodied creativity. His writings, talks, and retreats guide people to create meaningful work that captivates their audiences' hearts & imaginations. [Click here](#) for Jeffrey's Tracking Wonder Handbook.