

DEFY THE DEFAULT.
Do it Together.

Quest — 2018

#WeQuest

#Purpose

What do you need to do in 2018 to ensure that you live without unnecessary regrets and have fulfilling purpose and impact on others?

CAROLINE ADAMS MILLER » CarolineMiller.com

How are you going to make space in 2018 to create what you really want that will be for the greater good of humanity?

What ritual might help your mindset make space?

What habit or activity might you stop to make space and test your fulfilling purpose?

KATIE DALEBOUT » KatieDalebout.com

#SolitudeCollaboration

What kind of collaboration is the most fulfilling for your creative growth? What one project or goal this year could benefit from your pursuing that kind of collaboration?

What will you do on a monthly basis to pursue that kind of collaboration? With whom possibly?

PAM SLIM » PamelaSlim.com

How can you challenge yourself to carve out separate blocks each day for solitude? What new or modified daily habit will help you do so? Whom can you call upon to help you cultivate this habit?

LEO BABAUTA » ZenHabits.net

MY 2018 DEVOTION

devotion

#DreamDone

If what you desired most – the book deal, the mentor you're scared to send the email to, the perfect partnership – what you've wished and prayed for – if it landed on your doorstep tomorrow, would you be ready for it?

ISHITA GUPTA » IshitaGupta.com

What do you want to feel at the end of 2018 that you currently don't feel or don't feel enough of? When you look over or think about the items you've dreamed up for next year, which, if removed, causes you to wince or evokes some sense of pain or regret?

CHARLIE GILKEY » ProductiveFlourishing.com

#CompetitionCommunity

Finding or building community starts with shared values and beliefs. Write down three or four deeply held values or beliefs about the way you see the world and what's important to you.

JONATHAN FIELDS » JonathanFields.com

“To get an invitation, you have to give an invitation.”

Who will you invite to the table in 2018, and what form will this take?

DORIE CLARK » DorieClark.com

