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LAB #1

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# What to Bring

- 1 Something to write on and with. Laptops are welcome and encouraged - don't forget power cords, chargers, and plug ins.
- 2 Comfortable clothes and walking shoes.  
Layers for comfort in meeting room.
- 3 Rain coat and/or umbrella if you enjoy walking in all weather
- 4 Camera - it is stunningly beautiful in NYC and you will need a camera for one or more of the activities.
- 5 Your muse and your intention to be open.
- 6 Your homework!

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TRACKING WONDER

